



Privacy Policy – Free Telephone Consultations

This privacy policy, sets out how Laila Charlesworth Nutrition uses and protects any personal information that you provide to us. Laila Charlesworth Nutrition is committed to ensuring that your privacy is protected. Should we ask you to provide certain information by which you can be identified when using our services, you can be assured that it will only be used in accordance with this privacy policy.

This policy is effective as from January 2020.

Why we collect your data:

We collect your personal data because you give us consent to do so, in order to provide our independent nutrition services to you.

What we collect: Information in relation to the initial free consultation.

What we do with the information we gather:

We require this information for the purpose of: Professional clinical record keeping of client information.

If you would like to keep up to date with the Laila Charlesworth Nutrition blog, you have the option to opt in. Your email will not automatically be added to a database. You can change your preferences at any time by unsubscribing.

Security

We are committed to ensuring that your information is secure. In order to prevent unauthorised access or disclosure, we have put in place encrypted electronic systems and standard operating procedures to safeguard and secure the information we collect.

Controlling your personal information

We do not and will not distribute, sell or lease your personal information to third parties.

You may request details of personal information which we hold about you under the General Data Protection Regulation (GDPR). If you would like a copy of the information held on you or wish to withdraw consent, please contact Laila Charlesworth, Data Protection Officer, at hello@lailacharlesworth.co.uk



If you believe that any information we are holding on you is incorrect or incomplete, please email us. We will promptly correct any information found to be incorrect.